

Total Score Interpretation (35-175)

Your total score reflects the combined state of your spiritual passion, engagement, discipline, emotional responsiveness, leadership commitment, and vulnerability to complacency or apathy.

Spiritually Vibrant & Fully Alive (Score 150-175)

You are spiritually awake, emotionally responsive, and deeply engaged in the life of the church. You show:

- Strong desire for God
- Consistent spiritual disciplines
- High engagement in ministry
- Deep leadership passion
- Low complacency and apathy

This is a season of **thriving.*

Healthy, Growing, and Spiritually Stable (Score 125-149)

You demonstrate a solid, consistent walk with Christ. You show:

- Meaningful engagement
- Steady spiritual rhythms
- Healthy leadership commitment
- Occasional dryness, but not drift

This is a **strong and steady spiritual posture.*

Mixed Signals: Some Strengths, Some Drift (Score 100-124)

Your spiritual life shows both vitality and vulnerability. You may experience:

- Inconsistent disciplines
- Fluctuating engagement
- Moments of passion mixed with numbness
- Early signs of complacency or apathy

This is a **transitional zone where renewal often begins.*

Spiritually Tired, Disconnected, or Plateaued (Score 75-99)

Your score suggests spiritual fatigue or emotional dullness. You may be experiencing:

- Minimal engagement
- Weak spiritual rhythms
- Leadership strain
- Growing complacency or apathy

This is a **warning light, not a verdict.*

Spiritually Disengaged or Deeply Struggling (Score 35-74)

This score reflects significant spiritual disconnection. You may feel:

- Numb
- Burned out
- Disconnected from church
- Emotionally distant from God
- Overwhelmed or spiritually isolated

This is a **call to care for your soul, not a judgment.*

What Your Total Score Reveals

Your overall score helps you understand:

- Your spiritual vitality
- Your emotional engagement
- Your leadership health
- Your risk of drift
- Your readiness for renewal

Use this summary alongside your category scores to see the full picture of your spiritual life.

For example:

- High total+ low leadership score = passion without direction
- Low total+ high leadership score = burnout risk
- Mid total+ high excitement score = desire without discipline
- High total+ high engagement score = thriving