

WELCOME TO HAVEN

February 26, 2023

Welcome

Worship Songs

"Glorious Day"

"I Lift My Hands"

Communion

"Give Me Jesus"

Prayer

Scripture for Today

1 Peter 5:6-8; Mark 4:35-41 (NIV)

Message

AAN: Marinating in the Waves

Jack D. Cohen

Offering/Worship Song

"Lead Me to the Cross"

**Closing*



ANXIOUS

— ABOUT NOTHING —



ANXIOUS ABOUT NOTHING

MARINATING IN THE WAVES

MARINATING ABOUT NO—THING

"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."
– Philippians 4:4-7

"I have no one else like him who will show genuine concern, for your welfare."

– Philippians 2:20

MARINATING ABOUT NO—THING

"That day when evening came, he said to his disciples, 'Let us go over to the other side.'" Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion."
– Mark 4:35-38

1) The _____ that you _____

2) Your _____

3) The wrong _____

4) Your _____

5) Your _____

"The disciples woke him and said to him, 'Teacher, don't you care if we drown?'" He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm. He said to his disciples, "Why are you so afraid? Do you still have no faith?" They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"
– Mark 4:38-41

MAKING YOUR NEEDS KNOWN

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving present your requests to God."
– Philippians 4:6

1) Anxiety is a signal alerting you that it's _____

2) You're suppose to _____; just don't assume He _____

"But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind."
– James 1:6

"Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you. Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour."
– 1 Peter 5:6-8

○ Get _____

○ Be _____ up

○ _____ it off

○ Make _____