

# WELCOME TO HAVEN

February 6, 2022

*Welcome*

*Worship Songs*

*"Mighty Warrior"*

*"Who You Say I Am"*

*Prayer*

*Scripture for Today*

*1 Corinthians 9:24-27 (NLT)*

*Message*

*"Why Can I Not Change"*

*Jack D. Cohen*

*Offering/Worship Song*

*"You Never Change"*

*\*Closing*



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## TRUE REWARD

## WHY CAN I NOT CHANGE?

*“Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win! <sup>25</sup>All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. <sup>26</sup>So I run with purpose in every step. I am not just shadowboxing. <sup>27</sup>I discipline my body like an athlete, training it to do what it should....”*  
– 1 Corinthians 9:24-27 (NLT)

*“Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win!”*  
– 1 Corinthians 9:24 (NLT)

*“If you withdraw without sufficient reason, you will be whipped. And this whipping comes after your training, which involves thirst and broiling heat and swallowing handfuls of sand.”*  
– Epictetus

## WHY HAVE YOU NOT BE MAKING THE CHANGE YOU WANT TO?

1) You’ve been \_\_\_\_\_ for \_\_\_\_\_

2) Stop trying. Start \_\_\_\_\_

3) Trying never achieves \_\_\_\_\_. Training does

4) Trying is an attempt to change with \_\_\_\_\_

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5) Training is \_\_\_\_\_ to achieve a specific result

*“Everyone who competes in the games goes into strict training. ...”*  
– 1 Corinthians 9:25

○ \_\_\_\_\_ — to contend for victory, to strain every nerve toward the goal

*“... train yourself to be godly.”*  
– 1 Timothy 4:7

*“So I run with purpose in every step. I am not just shadowboxing. <sup>27</sup>I discipline my body like an athlete, training it to do what it should....”*  
– 1 Corinthians 9:26-27 (NLT)

6) Training is doing what I can do \_\_\_\_\_ to \_\_\_\_\_  
me to do even \_\_\_\_\_