

WELCOME TO HAVEN

Welcome

Worship Songs

"God is Able"

"Rooftops"

Scripture for Today

John 11:33-36 (NIV)

Prayer

Message

"Relationship Vampires: The Vampire of Loss" Jack D. Cohen

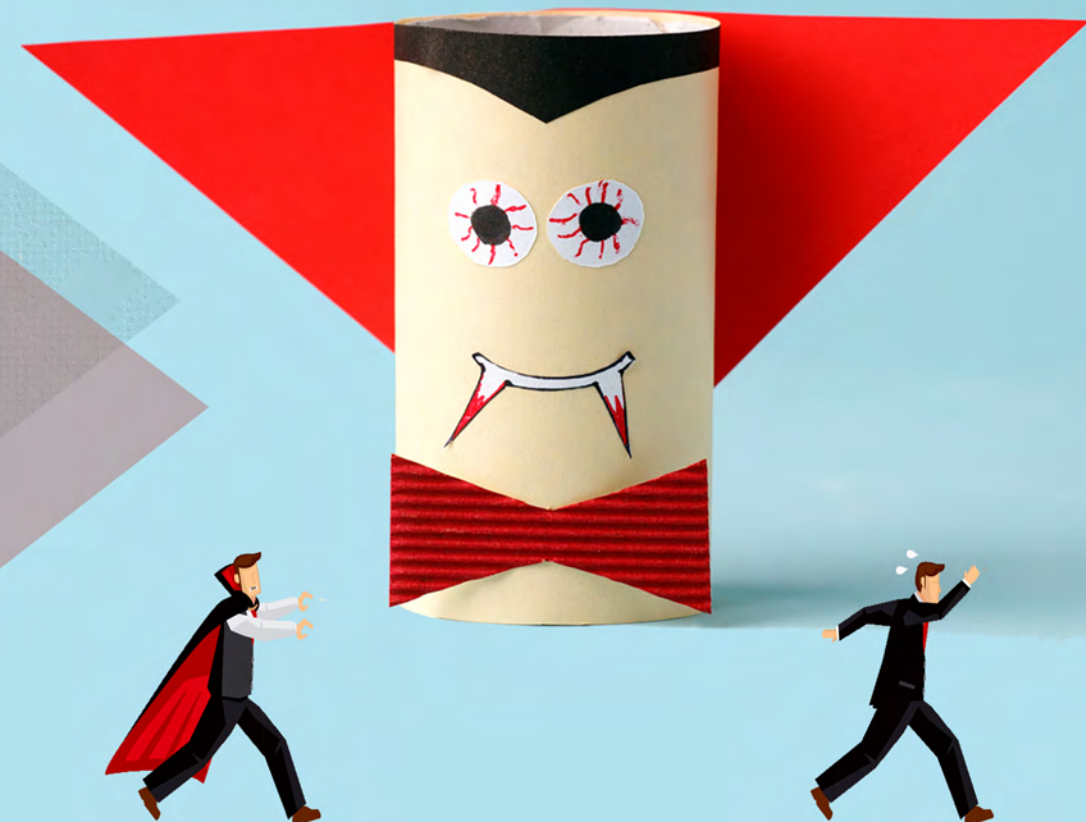
Offering/Worship Song

"It Is Well"

*Closing



October 17, 2021



RELATIONSHIP VAMPIRES

DEALING WITH PEOPLE WHO SUCK THE LIFE RIGHT OUT OF YOU

RELATIONSHIP VAMPIRES

“THE VAMPIRE” OF LOSS

WHAT I LEARNED ABOUT GRIEF

1) Loss is unavoidable but _____

- There is no _____ without _____; there is no _____ without _____; there is no _____ without _____, but grief is a choice

2) Grief is _____

“When Jesus saw Lazarus’ sister sobbing, and saw how all those with he were crying also, his heart was touched, and he was deeply moved...Then Jesus started crying. ‘See how much he loved Lazarus!’ they said.”
– John 11:33-36

- Repression: Unconsciously trying to block out painful thoughts
- Suppression: Consciously trying to block painful thoughts

3) _____ grieves with me

“The Lord is close to the brokenhearted and saves those who are crushed in spirit.” – Psalm 34:18

4) Grief is _____

“Carry each other’s burdens, and in this way you will fulfill the law of Christ.” – Galatians 6:2

“When others are happy, be happy with them. If they are sad, share their sorrow.” – Romans 12:15

5) Grief takes _____

“There is a time for everything, and a season for every activity under heaven...a time to weep and a time to laugh, a time to mourn and a time to dance.”
– Ecclesiastes 3:1, 4

HOW TO MOVE FORWARD

1) _____ I never grieved

“Jesus said, ‘Blessed are those who mourn, for they will be comforted.’” – Matthew 5:4

2) Identify what _____

3) Have the courage to _____

- Lament: a passionate expression of grief to God; an act of worship that can include complaining to God
- Psalms of Lament
 - Psalm 3-7,9,10,12-14,17,22,25-28,31,35,36,38,39,41-44,51-61,64, 70,71,74,77,79,80,82,83,85,86,88,90, 94,102,109, 137139-143,145

- Let go of any _____

- Let go of any _____

4) Ask God to heal your _____

“The Lord is like a father to his children, tender and compassionate to those who honor him. For he understands how weak we are.”
– Psalm 103:13-14

Jesus: “God has sent me to heal the brokenhearted...” – Luke 4:18 (LB)