

WELCOME TO HAVEN

November 22, 2020

Welcome

Worship Songs

"O Lord"

"Fear Is A Liar"

Scripture for Today

Romans 8 (NIV)

Prayer

Message

Chris Locke,

SL24: Unlocke The Light Foundation

Worship Song

"Holy Spirit"

**Closing*



hope

for mental health 



The UNLOCKE THE LIGHT movement has three objectives:

1. **Educate high school and college students** to the signs of depression, remove the stigma of depression, and make available resources to help people with depression and the real threat of suicide.
2. **Assist high school and college athletes** with the transition from a life of sports to a life without sports free from depression or with the tools to manage depression. Over 30% of D1 athletes will deal with depression either in their last year of playing or the year right after playing.
3. **Create a safe haven** where high school and college students receive professional help and speak to peers about their struggles with depression and the threat of suicide.