

WELCOME TO HAVEN

November 15, 2020

Welcome

Worship Songs

"Alive Again"

"Graves Into Gardens"

Scripture for Today

Romans 8 (NIV)

Prayer

Message

"Set Free From Me"

Jack D. Cohen

Worship Song

"Do It Again"

**Closing*



hope

for mental health 

WEAPONS OF SELF DESTRUCTION

Shame	Uncontrolled Thoughts	Compulsions	Fear
Hopelessness	Bitterness	Insecurity	

HOW CAN I BE SET FREE FROM ME? – Romans 8

1) Remind myself daily what _____

“So now there is no condemnation for those who belong to Christ Jesus. For the power of the life-giving SPIRIT has freed you through Christ Jesus from the power of sin that leads to death. The law of Moses could not save us, because of our sinful nature. But God put into effect a different plan to save us. He sent his own Son in a human body like ours, except that ours are sinful. God destroyed sin’s control over us by giving his Son as a sacrifice for our sins. He did this so the requirement of the law would be fully accomplished for us, who no longer follow our sinful nature but instead follow THE SPIRIT.”

– Romans 8:1-4 (NLT)

2) Ask the Holy Spirit to give me _____

“Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the SPIRIT have their minds set on what the SPIRIT desires. The mind of sinful man is death, but the mind controlled by the SPIRIT is life and peace.”

– Romans 8:5-6

“The sinful mind is hostile to God. It does not submit to God’s law, nor can it do so. Those controlled by the sinful nature cannot please God.”

– Romans 8:7-8

3) Realize I have a new ability to _____

“You are now controlled by the Spirit, if you have the Spirit of God living in you. (And remember that those who do not have the Spirit of Christ living in them do not belong to him at all.)”

– Romans 8:9

“So, dear brothers, you have no obligations whatever to your old sinful nature to do what it begs you to do.”

– Romans 8:12 (LB)

4) Turn my thoughts to God whenever _____

“Those who are led by God’s Spirit are God’s children. For the Spirit that God has given you does not make you slaves and cause you to be afraid; instead, the Spirit makes you God’s children, and by the Spirit’s power we cry out to God, “Father! my Father!” God’s Spirit joins himself to our spirits to declare that we are God’s children!”

– Romans 8:14-16 (TEV)

5) Focus on the _____, not the _____

“Since we are his children, we WILL possess the blessings he keeps for his people, and we WILL also possess with Christ what God has kept for him! For if we share Christ’s suffering, we will also share his glory! I consider that what we suffer at this present time cannot be compared at all with the glory that is going to be revealed to us.”

– Romans 8:17-18 (TEV)

6) Remind myself that God is _____ & _____

“Also, the Spirit helps us with our weakness. We do not know how to pray as we should. But the Spirit himself speaks to God for us, and even begs God for us with deep feelings that words cannot explain. God can see what is in our hearts . . . and the Spirit speaks to God for his people in the way God wants.”

– Romans 8:26-27 (NCV)

“AND we know that in ALL things God works for the good of those who love Him, who have been called according to His purpose.”

– Romans 8:28

“So what can we say about such wonderful things as these? If God is for us, who can ever be against us?”

– Romans 8:31 (NLT)

“Since God did not spare even his own Son but gave him up for us all, won’t God, who gave us Christ, also give us everything else?”

– Romans 8:32 (NLT)

7) Trust that God will never stop _____

“I am convinced that nothing can ever separate us from his love. Death can’t, and life can’t. The angels can’t, and the demons can’t. Our fears for today, our worries about tomorrow, and even the powers of hell can’t keep God’s love away. Whether we are high above the sky or in the deepest ocean, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.”

– Romans 8:38-39 (NLT)