

Welcome

Worship Songs

*"Your Love Awakens Me"*

*"Always"*

Scripture for Today

*Philippians 4:4-8 (NIV)*

Prayer

Message

*"Positively (New) Normal: Enough Complaining"* Jack D. Cohen

Worship Song

*"Great Are You Lord"*

\*Closing



POSITIVELY (NEW) NORMAL

ENOUGH COMPLAINING

## ENOUGH COMPLAINING

*“They said to Moses, “Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt? <sup>12</sup>Didn’t we say to you in Egypt, ‘Leave us alone; let us serve the Egyptians’? It would have been better for us to serve the Egyptians than to die in the desert!”*

– Exodus 14:11-12

*“You are not grumbling against us, but against the Lord.”*

– Exodus 16:8

✓ **What in your life do you \_\_\_\_\_ about most?**

*“Do everything without grumbling (complaining) or arguing, so that you may become blameless and pure, “children of God without fault in a warped and crooked generation...”*

– Philippians 2:14-15

✓ **If you can change your circumstances—Do \_\_\_\_\_ about it**

✓ **If you can't change your circumstances—Change your \_\_\_\_\_**

*“But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you. <sup>18</sup> So you too should be glad and rejoice with me.”*

– Philippians 2:17-18

## BENEFITS OF GRATITUDE

*“A glad heart makes a cheerful face, but by sorrow of heart the spirit is crushed.”*

– Proverbs 15:13

✓ **Gratitude releases \_\_\_\_\_**

✓ **Gratitude reduces \_\_\_\_\_**

✓ **Gratitude improves \_\_\_\_\_ quality**

✓ **Gratitude aids in \_\_\_\_\_**

✓ **Gratitude reduces \_\_\_\_\_ & \_\_\_\_\_**

## I WILL SAY IT AGAIN...

*“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near.”*

– Philippians 4:4

○ **Rejoice: chario → \_\_\_\_\_**

*“Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.”*

– Philippians 4:5-6

○ **Anxious: merimnao → \_\_\_\_\_**

○ **Thanksgiving: Eucharistia → \_\_\_\_\_**

*“And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*

– Philippians 4:7

○ **Peace: eirene → \_\_\_\_\_**

*“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”*

– Philippians 4:8